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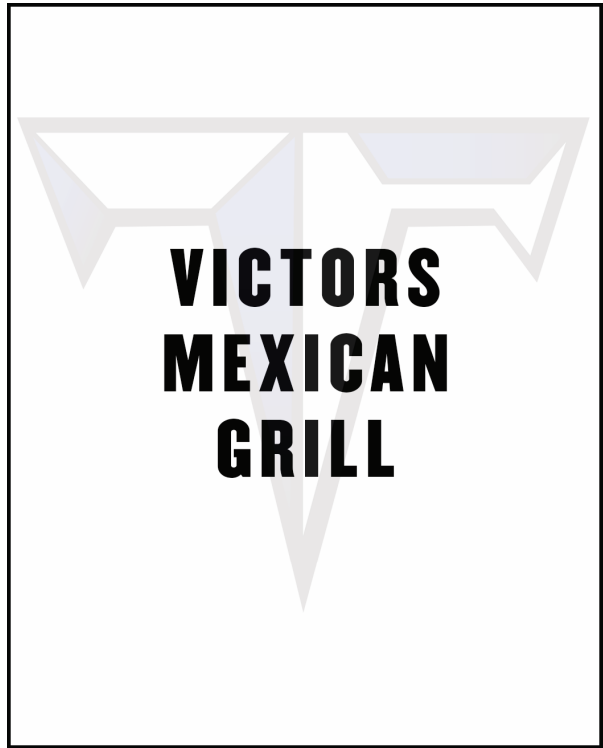
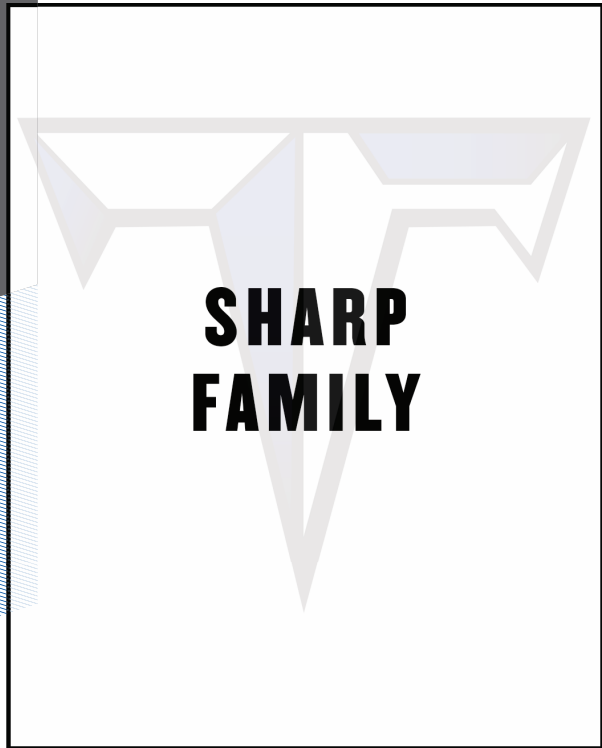


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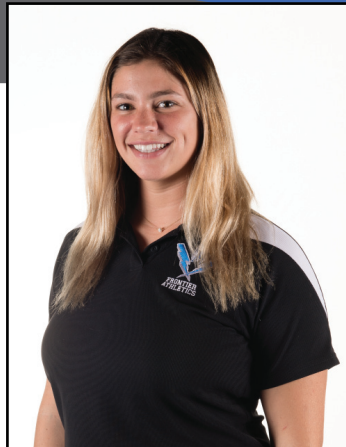




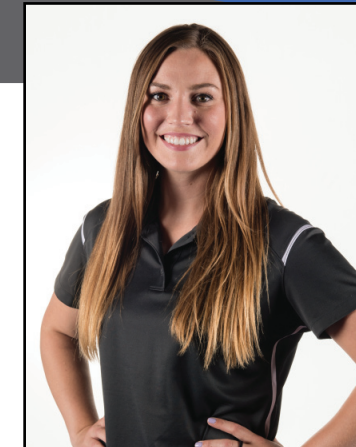
**Morgan Dake**  
Varsity Head Coach



**Lilie Rodriguez**  
Varsity Asst. Coach



**Nicci Bloomer**  
Junior Varsity Head Coach



**Paige Ogden**  
Freshmen Head Coach



2017 FRONTIER TITAN SPONSORS

2017 FRONTIER TITANS VOLLEYBALL COACHING STAFF





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**Name:** Penelope Zepeda  
**Position:** Outside Hitter  
**Favorite Food:** Fettuccine Chicken Alfredo  
**Favorite App:** Snapchat  
**Future Goals:** Continue my volleyball career attending a 4 year University.  
**Who Inspires me:** My dad, Cesar Zepeda because he has always worked hard for what we have and I want to be like him.  
**3 Things I Can't Live Without:** Volleyball, My Family, My Friends



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**Name:** Allie Bridgford  
**Position:** Defense Specialist  
**Favorite Food:** Carne Asada tacos  
**Favorite App:** Snapchat  
**Future Goals:** To go to Boise State University  
**Who Inspires You:** My Mom because she is always positive and has a good attitude about everything.  
**3 Things I Can't Live Without:** My sisters, my dog, and volleyball




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**Name:** Angela Sierra  
**Position:** Right Side  
**Favorite Food:** Any kind of fruit (especially berries) and baked potatoes  
**Favorite App:** Snapchat  
**Future Goals:** My future goal is to attend Stanford University and major in Neuroscience, to become a Rehabilitation Therapist for Amputees  
**Who Inspires You:** My sisters inspire me because they are very independent, have pursued their dreams in college, and worked so hard to be where they are now.  
**3 Things I Can't Live Without:** God, my family, and my friends.



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**Name:** Kennadi Nelson  
**Position:** Outside Hitter  
**Favorite Food:** Orange Chicken  
**Favorite App:** Snapchat  
**Future Goals:** Attend and graduate from a four year university with a degree in nursing  
**Who Inspires You:** My mom and dad inspire me everyday. They inspire me to work hard and to never give up.  
**3 Things I Can't Live Without:** My family, dogs, and music



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**Name:** Vanessa Catallo  
**Position:** Outside Hitter  
**Favorite Food:** Mashed Potatoes, Quesadillas, Chicken Teriyaki  
**Favorite App:** Snapchat  
**Future Goals:** Attend college to pursue a degree in psychology  
**Who Inspires You:** My mom inspires me because she continuously pushes me to be a better person while supporting me in everything I do and giving great advice along the way.  
**3 Things I Can't Live Without:** My family (including my pets), music, and my friends.



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**Name:** CaTerra Daniels  
**Position:** Defense Specialist  
**Favorite Food:** Tacos of all kinds  
**Favorite App:** Snapchat  
**Future Goals:** Play volleyball in college while studying sports medicine.  
**Who Inspires You:** My parents inspire me because they always are there for me and push me to succeed.  
**3 Things I Can't Live Without:** Family, Food, and volleyball

Go Mak and Maddy East  
 We are so proud of you!  
 We love you...  
 Grams & Gramps  
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# RICHARDSON FAMILY



10

**Name:** Makena East  
**Position:** Setter  
**Favorite Food:** Fettuccine Alfredo with a side of mashed potatoes and gravy  
**Favorite App:** Snapchat  
**Future Goals:** Go to California Baptist University, continue playing volleyball, and major in computer science  
**Who Inspires You:** My mama inspires me by always putting her family's needs before her own and loving everyone and pushing me to be the best I can and overall being a great Godly woman  
**3 Things I Can't Live Without:** God, my sister, Maddy, and food



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**Name:** Samantha Mabry  
**Position:** Middle  
**Favorite Food:** Street tacos and cheesecake  
**Favorite app:** Snapchat  
**Future Goals:** Attend Fresno State for nursing  
**Who inspires You:** My mom inspires me because she was the strongest and most amazing woman out there. I hope someday to be half as great of the person she was.  
**3 Things I can't Live Without:** My family, food, and my dog, Hurley.





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**Name:** Colby Young  
**Position:** Middle  
**Favorite Food:** Mashed Potatoes  
**Favorite App:** Snapchat  
**Future Goals:** I want to be a nurse for cancer children.  
**Who Inspires You:** My parents and my aunt because they are all so hardworking and always push me to do my best in everything I do.  
**3 Things I Can't Live Without:** My mom, Food, and My phone



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**Name:** Hailey Plugge  
**Position:** Setter  
**Favorite Food:** Chili Verde  
**Favorite App:** Instagram  
**Future Goals:** Play volleyball in college and become an orthopedic surgeon  
**Who Inspires You:** My dad because he always pushes me to do my best  
**3 Things I Can't Live Without:** Volleyball, Soccer, my family

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**Name:** Rebecca Tamayo  
**Position:** Right Side  
**Favorite Food:** Fruit and Italian  
**Favorite App:** Snapchat  
**Future Goals:** Attend UC Santa Barbara for Chemical Engineering  
**Who Inspires You:** My parents inspire me because they show me how I can handle the things life throws at me.  
**3 Things I Can't Live Without:** My dogs, family, and friends.



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**Name:** Maddy East  
**Position:** Outside Hitter  
**Favorite Food:** Fettuccine Alfredo  
**Favorite App:** Snapchat  
**Future Goals:** I would like to be a medical sales rep and make BANK!  
**Who Inspires You:** Lexi Peters. She is a great christian woman who I adore and respect so much. We have so much in common and she has a great attitude. She also helps me with my spiritual life.  
**3 Things I Can't Live Without:** God, family, music

**Darlene Denison, Agent**  
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Emily & Allie!

Wishing you both a fun 2017 season!  
Love  
Dad, Mom & Kizzy  
Papa & Nana





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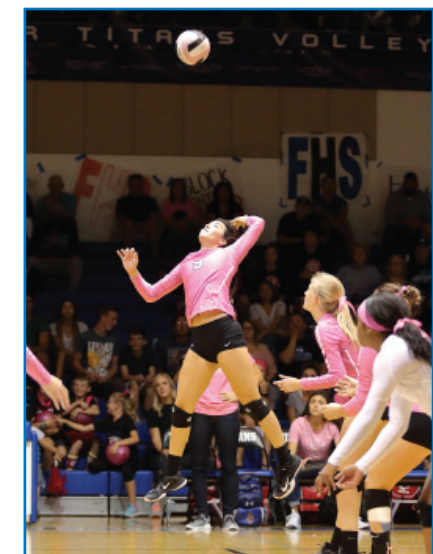
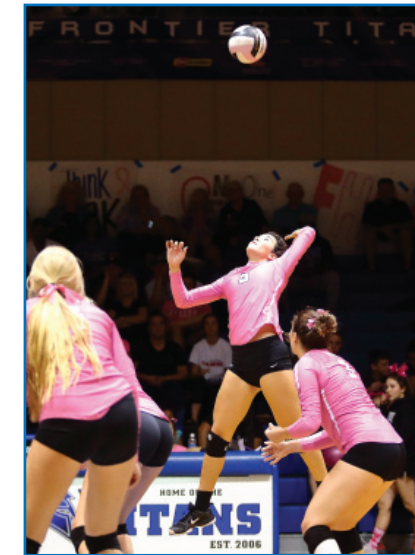
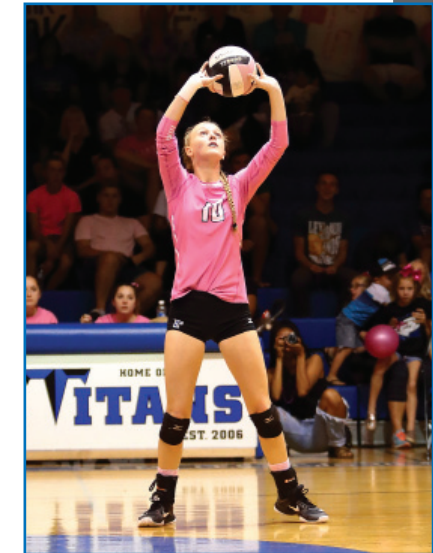
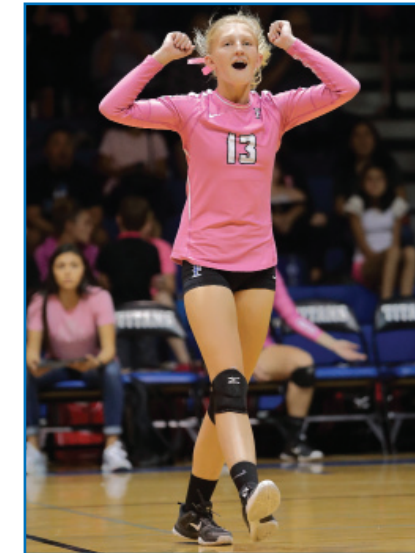
**Name:** Caroline McCarty  
**Position:** Right Side  
**Favorite Food:** Potatoes in all forms  
**Favorite App:** Snapchat  
**Future Goals:** Attend college and become a veterinary chiropractor or physical therapist.  
**Who Inspires You:** My grandma inspires me because she motivates me to do my best in everything I do and to speak up for what I believe in; she is overall such an accomplished woman who has not let anything stop her.  
**3 Things I Can't Live Without:** My dogs, my family, and naps.







#	Name	Pos.	Ht.	Yr.
2	Macy Myers	Setter		10
3	Hailey Reyes	DS		9
4	Bella Britt	Libero/RS		9
5	Natalie Sharp	Outside/RS		9
7	Cheyenne Rosenlieb	DS		9
9	Megan Wegis	Middle		9
10	Taylor Johnson	Outside/RS		9
11	Emma Pelster	DS		9
13	Addie Shaefer	Middle		9
14	Ryenn Padilla	Outside/Middle		9
16	Jayden Issacs	Middle		9





## Ball Handeling

#	Athlete Name	SP	Ast	Ast/S	BHA	BHE
3	P. Zepeda (Sr)	49	5	0.1		
4	A. Bridgford (Jr)	10				
5	A. Sierra (Jr)	31				
6	K. Nelson (Sr)	52				
7	V. Catallo (Sr)	7				
8	C. Daniels (So)	51	1	0.0		
10	M. East (Sr)	51	187	3.7		
11	S. Mabry (Sr)	36	1	0.0		
12	C. Young (Jr)	52	1	0.0		
13	H. Plugge (So)	51	225	4.4		
14	R. Tamayo (Sr)	42				
15	M. East (Sr)	16				
16	C. McCarty (So)	35				



2017 FRONTIER TITAN PLAYER STATS

2017 FRONTIER FROSH/SOPH IN ACTION





#	Name	Ht.	Pos.	Yr.
	Patricia Frudden	5'8	MB	11
	Claire Pratt	5'4	OH/DS	11
	Trinity Maynard	5'8	MB	10
	Emily Bridgford	5'3	Libero/DS	11
	Laura Byrne	5'3	DS/OH	10
	Yuritza Ruvalaba	5'4	RS	11
	Ashley Sommerfield	5'9	OH	10
	Payton DeRevere	5'9	RS	11
	Avery Appleton	5'8	OH	10
	Jada Angleton	5'5	DS/Setter	11
	Shelby Wren	5'9	MB	11
	Flavia Salomoni	5'4	DS	11
	Makayla Richardson	5'7	Setter	11

Blocking

#	Athlete Name	SP	BS	BA	Tot Blks	B/S	B/M	BE
3	P. Zepeda (Sr)	49		6	6	0.1	0.3	
4	A. Bridgford (Jr)	10						
5	A. Sierra (Jr)	31	2	5	7	0.2	0.5	
6	K. Nelson (Sr)	52	8	4	12	0.2	0.6	
7	V. Catallo (Sr)	7						
8	C. Daniels (So)	51						
10	M. East (Sr)	51						
11	S. Mabry (Sr)	36	4	10	14	0.4	1.1	
12	C. Young (Jr)	52	3	16	19	0.4	1.0	
13	H. Plugge (So)	51						
14	R. Tamayo (Sr)	42	2	7	9	0.2	0.5	
15	M. East (Sr)	16	1	1	2	0.1	0.2	
16	C. McCarty (So)	35	2	8	10	0.3	0.7	

Digging

#	Athlete Name	SP	D	DE	D/S	D/M
3	P. Zepeda (Sr)	49	154		3.1	8.1
4	A. Bridgford (Jr)	10	10		1.0	1.7
5	A. Sierra (Jr)	31	9		0.3	0.6
6	K. Nelson (Sr)	52	24		0.5	1.3
7	V. Catallo (Sr)	7	3		0.4	0.6
8	C. Daniels (So)	51	134		2.6	7.1
10	M. East (Sr)	51	43		0.8	2.3
11	S. Mabry (Sr)	36	7		0.2	0.5
12	C. Young (Jr)	52	6		0.1	0.3
13	H. Plugge (So)	51	60		1.2	3.2
14	R. Tamayo (Sr)	42	15		0.4	0.8
15	M. East (Sr)	16	10		0.6	1.0
16	C. McCarty (So)	35	8		0.2	0.5



Attacking

#	Athlete Name	SP	K	K/S	Kill %	Att	E	Hit %
3	P. Zepeda (Sr)	49	188	3.8	43.4	433	27	.372
4	A. Bridgford (Jr)	10						
5	A. Sierra (Jr)	31	27	0.9	23.1	117	23	.034
6	K. Nelson (Sr)	52	72	1.4	27.9	258	17	.213
7	V. Catallo (Sr)	7	6	0.9	27.3	22	10	-.182
8	C. Daniels (So)	51						
10	M. East (Sr)	51	0	0.0	.0	2	1	-.500
11	S. Mabry (Sr)	36	25	0.7	34.2	73	6	.260
12	C. Young (Jr)	52	45	0.9	41.7	108	16	.269
13	H. Plugge (So)	51	1	0.0	16.7	6	1	.000
14	R. Tamayo (Sr)	42	57	1.4	29.8	191	31	.136
15	M. East (Sr)	16	17	1.1	24.6	69	6	.159
16	C. McCarty (So)	35	56	1.6	30.1	186	24	.172

Serving

#	Athlete Name	SP	A	A/S	Ace %	SA	SE	Serv %	PTS
3	P. Zepeda (Sr)	49	14	0.3	10.5	133	10	92.5	
4	A. Bridgford (Jr)	10	0	0.0	.0	3	1	66.7	
5	A. Sierra (Jr)	31							
6	K. Nelson (Sr)	52	2	0.0	2.4	83	9	89.2	
7	V. Catallo (Sr)	7	2	0.3	40.0	5	3	40.0	
8	C. Daniels (So)	51	13	0.3	11.7	111	12	89.2	
10	M. East (Sr)	51	22	0.4	14.4	153	7	95.4	
11	S. Mabry (Sr)	36	9	0.3	18.0	50	4	92.0	
12	C. Young (Jr)	52	5	0.1	9.4	53	5	90.6	
13	H. Plugge (So)	51	6	0.1	6.1	98	5	94.9	
14	R. Tamayo (Sr)	42	0	0.0	.0	5	1	80.0	
15	M. East (Sr)	16	0	0.0	.0	6	0	100.0	
16	C. McCarty (So)	35							





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Kennadi,  
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you play volleyball! Have a  
great senior season!

Love Mom & Dad  
Go Titan Nation!



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#	Name	Ht.	Pos.	Yr.
3	Penelope Zepeda	5'9	OH	12
4	Allie Bridgford	5'3	DS	11
5	Angela Sierra	5'8	RS	11
6	Kennadi Nelson	5'9	OH	12
7	Vanessa Catallo	5'8	OH	12
8	CaTerra Daniels	5'3	DS	10
10	Makenna East	5'6	S	12
11	Samantha Mabry	5'9	M	12
12	Colby Young	5'8	M	11
13	Hailey Plugge	5'11	S	10
14	Rebecca Tamayo	5'8	RS	12
15	Maddy East	5'7	OH	12
16	Caroline McCarty	6'0	RS	10

